



वापकोस लिमिटेड
WAPCOS LIMITED

(भारत सरकार का उपक्रम)
जल संसाधन, नदी विकास व गंगा संरक्षण मंत्रालय
(A Government of India Undertaking)
Ministry of Water Resources, River Development & Ganga Rejuvenation

ISO 9001: 2008

- Consultancy Services
- Engineering, Procurement & Construction (EPC)

LIMITED TENDER

RFQ: WAP/ENVT/CSEZ/H-3082/2019/31; Dated 12.09.2019

Supply and Installation of Gymnasium Equipment's at Cochin Special Economic Zone (CSEZ)

WAPCOS Limited

(A Government of India Undertaking)

Project Office, Cochin Special Economic Zone,

CSEZ Administrative Building,

Kakkanad, Cochin – 682 037

Telephone: 0484-2413544

E-mail: cochincsez@wapcos.co.in

WAPCOS Limited
(A Government of India Undertaking)

Subject: Supply and Installation of Gymnasium Equipment's at Cochin Special Economic Zone (CSEZ), Kakkanad.

Cochin Special Economic Zone Authority (CSEZA), under the Ministry of Commerce and Industry, Government of India has appointed WAPCOS Limited, as '**Owner's Engineer**'. Based on CSEZA's requirement of "Supply and Installation of Gymnasium Equipment's at Cochin Special Economic Zone (CSEZ), Kakkanad". WAPCOS Limited, on behalf of Chairman, CSEZA had invited Expression of Interest (EOI) vide Eoi No.: WAP/ENVT/CSEZ/H-3082/2019/02; Dated 24.05.2019 from interested, experienced, registered firms meeting the prescribed qualifying criteria as mentioned in Eoi document. **The following firms were shortlisted and eligible to submit their financial proposal in the prescribed format with all necessary documents:**

1. M/s. GYMPAC Fitness System Pvt Ltd
2. M/s.K &K Health Care Pvt Ltd
3. M/s. Into Wellness Pvt Ltd
4. M/s.India Fitness Connect Pvt Ltd

The proposal should be submitted along with the covering letter duly signed by an authorized signatory in a sealed envelope on or before 06.09.2019 by 16.00 Hrs at the following address:

The General Manager (SEZ)
WAPCOS Limited (A Government of India Undertaking)
Cochin Special Economic Zone Project Office, CSEZ Administrative Building,
Kakkanad, Cochin – 682 037
Telephone: 0484-2413544; E-mail: cochincsez@wapcos.co.in

(Sd/-)
General Manager (SEZ),
WAPCOS Limited,
CSEZ Project Office.

RFQ for supply of Gymnasium equipment's at CSEZ

RFQ: WAP/ENVT/CSEZ/H-3082/2019/31; Dated 12.09.2019

Function	Item	Units	Preferable Makes	Specifications	Unit Price (Exclusive GST)	Amount (Exclusive GST)
Cardio						
	Treadmi II	2	Life Fitness/Precor/ Techno Gym	<ul style="list-style-type: none"> • Should have incline 12% or more. • Speed maximum 16km/Hr. or more. • Led console having multiple programs including heart rate programs. • Emergency stop key. • 3HP AC motor minimum. • Calories, Speed display and Pause function. • Error code display in console for diagnosis. • Commercial grade deck and belt and no lubrication required for deck and belt. • Deck should be reversible. 		
	Cross Trainer	1	Life Fitness/Precor/ Techno Gym	<ul style="list-style-type: none"> • Incline with ramp. • Should have 25 % Incline or more. • Self-powered. • Led console having multiple programs including heart rate programs. Time, Calories, Speed display and Pause function. • Error code display in console for diagnosis. • Total body workout. • Alternator based resistant control. 		

Chest						
	PEC FLY/Re ar Delt	1	Any Make Confirming the Specifications	<ul style="list-style-type: none"> • Should have 11 gauge or more steel frame with powder coated. • Cable should be covered with plastic coating and have minimum 4 mm in diameter. • Cast iron weight plates with powder coated finish. • Rubber grips for hand grip. • High grade Pulley with bearings. • Shroud cover for weight plate safety. • Cushioned seat with adjustment knob. • Stainless steel guide rods. • Weight plates 100kg minimum. 		
	PEC Deck	1	Any Make Confirming the Specifications	<ul style="list-style-type: none"> • Should have 11 gauge or more steel frame with powder coated. • Cable should be covered with plastic coating and have minimum 4 mm in diameter. • Cast iron weight plates with powder coated finish. • Rubber grips for hand grip. • High grade Pulley with bearings. • Shroud cover for weight plate safety. • Cushioned seat with adjustment knob. • Stainless steel guide rods. • Weight plates 100kg minimum. 		

	Vertical Chest Press	1	Any Make Confirming the Specifications	<ul style="list-style-type: none"> • Should have 11 gauge or more steel frame with powder coated. • Cable should be covered with plastic coating and have minimum 4 mm in diameter. • Cast iron weight plates with powder coated finish. • Rubber grips for hand grip. • High grade Pulley with bearings. • Shroud cover for weight plate safety. • Cushioned seat with adjustment knob. • Stainless steel guide rods. <p>Weight plates 100kg minimum.</p>		
Shoulder						
	Overhead Press	1	Any Make Confirming the Specifications	<ul style="list-style-type: none"> • Should have 11 gauge or more steel frame with powder coated. • Cable should be covered with plastic coating and have minimum 4 mm in diameter. • Cast iron weight plates with powder coated finish. • Rubber grips for hand grip. • High grade Pulley with bearings. • Shroud cover for weight plate safety. • Cushioned seat with adjustment knob. • Stainless steel guide rods. • Weight plates 100kg minimum. 		

Leg						
	Leg Extension/Leg Curl	1	Any Make Confirming the Specifications	<ul style="list-style-type: none"> • Should have 11 gauge or more steel frame with powder coated. • Cable should be covered with plastic coating and have minimum 4 mm in diameter. • Cast iron weight plates with powder coated finish. • Rubber grips for hand grip. • High grade Pulley with bearings. • Shroud cover for weight plate safety. • Cushioned seat with adjustment knob. • Stainless steel guide rods. • Weight plates 100kg minimum. 		
	Seated Leg Press	1	Any Make Confirming the Specifications	<ul style="list-style-type: none"> • Should have 11 gauge or more steel frame with powder coated. • Cable should be covered with plastic coating and have minimum 4 mm in diameter. • Cast iron weight plates with powder coated finish. Rubber grips for hand grip. • High grade Pulley with bearings. • Shroud cover for weight plate safety. • Cushioned seat with adjustment knob. • Stainless steel guide rods. • Weight plates 100kg minimum. 		

<p>Abdominal</p>	<p>Abdominal Machine</p>	<p>1</p>	<p>Any Make Confirming the Specifications</p>	<ul style="list-style-type: none"> • Should have 11 gauge or more steel frame with powder coated. • Cable should be covered with plastic coating and have minimum 4 mm in diameter. • Cast iron weight plates with powder coated finish. • Rubber grips for hand grip. • High grade Pulley with bearings. • Shroud cover for weight plate safety. • Cushioned seat with adjustment knob. • Stainless steel guide rods. • Weight plates 100kg minimum. 		
<p>Multi-Purpose</p>						
	<p>Multi-Functional Station</p>	<p>1</p>	<p>Any Make Confirming the Specifications</p>	<ul style="list-style-type: none"> • Should have 11 gauge or more steel frame with powder coated. • Cable should be covered with plastic coating and have minimum 4 mm in diameter. • Cast iron weight plates with powder coated finish. • Rubber grips for hand grip. High grade Pulley with bearings. • Shroud cover for weight plate safety. • Cushioned seat with adjustment knob. • Stainless steel guide rods. • Weight plates 100kg minimum. 		

Back						
	Lateral Pull Down	1	Any Make Confirming the Specifications	<ul style="list-style-type: none"> • Should have 11 gauge or more steel frame with powder coated. • Cable should be covered with plastic coating and have minimum 4 mm in diameter. • Cast iron weight plates with powder coated finish. • Rubber grips for hand grip. High grade Pulley with bearings. • Shroud cover for weight plate safety. • Cushioned seat with adjustment knob. • Stainless steel guide rods. • Weight plates 100kg minimum. 		
	Assisted DIP Chin	1	Any Make Confirming the Specifications	<ul style="list-style-type: none"> • Should have 11 gauge or more steel frame with powder coated. • Cable should be covered with plastic coating and have minimum 4 mm in diameter. • Cast iron weight plates with powder coated finish. • Rubber grips for hand grip. High grade Pulley with bearings. • Shroud cover for weight plate safety. • Cushioned seat with adjustment knob. • Stainless steel guide rods. • Weight plates 100kg minimum. 		

	Long Pull Row	1	Any Make Confirming the Specifications	<ul style="list-style-type: none"> • Should have 11 gauge or more steel frame with powder coated. • Cable should be covered with plastic coating and have minimum 4 mm in diameter. • Cast iron weight plates with powder coated finish. • Rubber grips for hand grip. High grade Pulley with bearings. • Shroud cover for weight plate safety. • Cushioned seat with adjustment knob. • Stainless steel guide rods. • Weight plates 100kg minimum. 		
Benches						
	Olympic Decline Bench	1	Any Make Confirming the Specifications	<ul style="list-style-type: none"> • Should have commercial gauge frame with powder coated. • Cushioned seat and provision for seating Olympic rod with safety. 		
	Olympic Incline Bench	1	Any Make Confirming the Specifications	<ul style="list-style-type: none"> • Should have commercial gauge frame with powder coated. • Cushioned seat and provision for seating Olympic rod with safety. 		
	Olympic Flat Bench	1	Any Make Confirming the Specifications	<ul style="list-style-type: none"> • Should have commercial gauge frame with powder coated. • Cushioned seat and provision for seating Olympic rod with safety. 		
	Vertical Knee Up	1	Any Make Confirming the Specifications	<ul style="list-style-type: none"> • Should have commercial gauge frame with powder coated. • Cushioned seat and provision for seating Olympic rod with safety. 		
	Work Bench	1	Any Make Confirming the Specifications	<ul style="list-style-type: none"> • Should have commercial gauge frame with powder coated. • Cushioned seat and provision for seating Olympic rod with safety. 		

				<ul style="list-style-type: none"> Should have castor wheels for mobility. 		
Racks						
	Vertical Plate Tree	1	Any Make Confirming the Specifications	<ul style="list-style-type: none"> Should have commercial gauge frame with powder coated. Olympic plate compatible. Should accommodate 15 plates minimum 		
	Dumbbell Rack (3 Tier)	1	Any Make Confirming the Specifications	<ul style="list-style-type: none"> Can Accommodate 20 Dumbbells with standard size and can carry 250kg Weight. Commercial frame with Powder coated. 		
Plates /Rods/Dumbbells						
	Rubberised Plates	1 Set	Any Make Confirming the Specifications	<ul style="list-style-type: none"> Olympic Sized high grade rubber plated weight plates.(2 to 20 KG-one set) 		
	Dumbbells Rubberised	1 Set	Any Make Confirming the Specifications	<ul style="list-style-type: none"> 2.5 to 25Kg with 2.5 Kg increment.1 pair. 		
	Olympic training Bar	6 Rods	Any Make Confirming the Specifications	<ul style="list-style-type: none"> Steel plated with strength to absorb up to 200Kg with no bend.7 Feet -2 NOS,5 Ft 2 Nos, Curl Bar-2 Nos,(With Necessary Locks for Weight plates 		
TOTAL						

General Conditions of Quote

- 1) Validity of the quote must be minimum 45 days.
- 2) Price should inclusive of Cost, Insurance, Loading & Unloading, Installation of the Materials at Site.
- 3) Bidder has the wisdom to quote single Item or any no of items, confirming strictly to the specifications mentioned
- 4) Bidders must provide International/Domestic Quality Certification of the products.
- 5) A Pictorial representation of the Bidding products may be attached.
- 6) Bidders may send their sealed quotes in the prescribed format to **“General Manager (SEZ), WAPCOS Ltd, CSEZ Admin Building, Kakkanad, Cochin-682037”**.
- 7) The envelope should be superscripted as **“RFQ for supply of Gymnasium equipment’s at CSEZ”**.
- 8) Last date of receipt of sealed quotes is September 6th, 2019 , 16 Hrs.
- 9) Bidder should seal and sign all the pages of the quote.